

# **Hampton Roads Counseling Inc.**

6515 George Washington Mem Hwy. Ste. 100  
PO Box 1329  
Yorktown, Va. 23692

Telephone (757) 877-9140  
Fax (757) 877-3925

Name \_\_\_\_\_ Age \_\_\_\_\_ Date \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
DOB \_\_\_\_\_ SS# \_\_\_\_\_  
Email \_\_\_\_\_ May we contact you? \_\_\_\_\_  
Home Phone \_\_\_\_\_ Work phone \_\_\_\_\_ Cell phone \_\_\_\_\_  
Employer \_\_\_\_\_ Occupation \_\_\_\_\_  
Marital Status \_\_\_\_\_ Spouse \_\_\_\_\_  
Spouse's employer \_\_\_\_\_ Spouse phone \_\_\_\_\_ Spouse DOB \_\_\_\_\_

## **If Patient is a child:**

Mother \_\_\_\_\_ Phone # \_\_\_\_\_ DOB \_\_\_\_\_  
SS# \_\_\_\_\_ Occupation \_\_\_\_\_  
Employer \_\_\_\_\_ Work phone \_\_\_\_\_  
Father \_\_\_\_\_ Phone # \_\_\_\_\_ DOB \_\_\_\_\_  
SS# \_\_\_\_\_ Occupation \_\_\_\_\_  
Employer \_\_\_\_\_ Work phone \_\_\_\_\_

## **Insurance Information:**

Name of Company \_\_\_\_\_ Insured's name \_\_\_\_\_  
Policy # \_\_\_\_\_ Employer \_\_\_\_\_ Phone \_\_\_\_\_  
Primary Care Physician \_\_\_\_\_ Phone \_\_\_\_\_  
May we contact them? \_\_\_\_\_ Emergency Contact \_\_\_\_\_  
How did you hear about us? \_\_\_\_\_

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## **Counseling Questionnaire**

Client Name \_\_\_\_\_ Age \_\_\_\_\_ Date \_\_\_\_\_

Primary Reason for Treatment \_\_\_\_\_

**Please check all the following symptoms/problems that you feel apply to you:**

- |   |  |  |   |
|---|--|--|---|
| <input type="checkbox"/> Depression               | <input type="checkbox"/> Feeling hopeless          | <input type="checkbox"/> Repetitive thoughts   | <input type="checkbox"/> Feeling Worthless          |
| <input type="checkbox"/> Anxiety                  | <input type="checkbox"/> Feeling Helpless          | <input type="checkbox"/> Repetitive Actions    | <input type="checkbox"/> Learning Disorder          |
| <input type="checkbox"/> Anger                    | <input type="checkbox"/> Suicidal Thoughts         | <input type="checkbox"/> Panic Attacks         | <input type="checkbox"/> Other                      |
| <input type="checkbox"/> Fatigue/Low energy       | <input type="checkbox"/> Suicidal Actions          | <input type="checkbox"/> Phobias               | <input type="checkbox"/> School                     |
| <input type="checkbox"/> High energy              | <input type="checkbox"/> Violent Thoughts          | <input type="checkbox"/> History of abuse:     | <input type="checkbox"/> Eating Disorder            |
| <input type="checkbox"/> Difficulty Concentrating | <input type="checkbox"/> Violent Actions           | <input type="checkbox"/> verbal                | <input type="checkbox"/> Heart Palpitations         |
| <input type="checkbox"/> Poor Memory              | <input type="checkbox"/> Over-excitement           | <input type="checkbox"/> physical              | <input type="checkbox"/> Work Related               |
| <input type="checkbox"/> Cloudy Thinking          | <input type="checkbox"/> Medical Health Problems   | <input type="checkbox"/> Emotional             | <input type="checkbox"/> Drug Problems              |
| <input type="checkbox"/> Changes in Appetite      | <input type="checkbox"/> Financial Problems        | <input type="checkbox"/> Sexual                | <input type="checkbox"/> Social Isolation           |
| <input type="checkbox"/> Sleep Disturbance        | <input type="checkbox"/> Job related problems      | <input type="checkbox"/> Relationship Problems | <input type="checkbox"/> Social                     |
| <input type="checkbox"/> Low Motivation           | <input type="checkbox"/> School Problems           | <input type="checkbox"/> parent-child          | <input type="checkbox"/> Alcohol Problems           |
| <input type="checkbox"/> Decreased interest       | <input type="checkbox"/> Legal Problems            | <input type="checkbox"/> brother-sister        | <input type="checkbox"/> Low Self-esteem            |
| <input type="checkbox"/> Joylessness              | <input type="checkbox"/> Death/Greif/Loss Problems | <input type="checkbox"/> marital               | <input type="checkbox"/> Family Violence            |
| <input type="checkbox"/> Bleak Outlook            | <input type="checkbox"/> Sexual Problems           | <input type="checkbox"/> Family dysfunction    | <input type="checkbox"/> Gambling/Spending problems |
| <input type="checkbox"/> Negative Thinking        |  |  |   |

**Please let us know if you have. or have had, difficulty with drugs or alcohol.**

Alcohol:

First Started \_\_\_\_\_

How Often \_\_\_\_\_

How Much \_\_\_\_\_

Drugs:

First Started \_\_\_\_\_

Current drugs used and when \_\_\_\_\_

Past drugs used and when \_\_\_\_\_

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I understand that, under the Health Insurance Portability & Accountability Act of 1996 (HIPPA), I have certain rights to privacy regarding my protected health information. I understand that this information can and will be used to:

- Conduct, plan and direct my treatment and follow-up among the multiple healthcare providers who may be involved in that treatment directly and indirectly.
- Obtain payment from third-party payers.
- Conduct normal healthcare operations such as quality assessments and physician certifications.

I acknowledge that I have received your *Notice of Privacy Practices* containing a more complete description of the uses and disclosures of my health information. I understand that this organization has the right to change its *Notice of Privacy Practices* from time to time and that I may contact this organization at any time at the address above to obtain a current copy of the *Notice of Privacy Practices*.

I understand that I may request in writing that you restrict how my private information is used or disclosed to carry out treatment, payment or health care operations. I also understand you are not required to agree to my requested restrictions, but if you do agree then you are bound to abide by such restrictions.

Patient Name: \_\_\_\_\_

Relationship to Patient: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

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## **Welcome to Hampton Roads Counseling Inc.**

We hope that your experience at this office is a pleasant one. We have put this reference together regarding our office practice and procedure. Should you have any questions regarding the information given here or experience any difficulties, please speak with your therapist or Adrienne Isham, our Office Manager.

### **Office Hours:**

The office is open Monday through Thursday. **Our office is closed on Fridays and weekends.** If you need to contact the office or office manager, please leave a brief message on the voicemail and someone will return your call.

### **Office Billing:**

Our office will file your insurance claims as a convenience to you. However, and deductibles or co-payments are expected at the time of service. You are responsible for checking with your insurance company for any required authorizations.

There will be a **\$25.00** fee for non Social Security Disability Forms. Any forms over 3 pages will be charged an additional **\$5.00** per page.

**If you have a life threatening emergency, call 911 or go directly to the emergency room.** For non-life threatening emergencies, we can be paged and the on-call therapist will return your call. **Do not call page us to change and or cancel appointments.**

**Main office number: (757)877-9140**

**Emergency Voicemail: (757) 881-1561**

I authorize my insurance company to reimburse this office for services rendered. I am responsible for deductibles and co-pays and collection fees necessary to collect on my account. I agree with the terms and conditions listed above.

Patient or Guardian: \_\_\_\_\_ Date \_\_\_\_\_

Witness: \_\_\_\_\_ Date \_\_\_\_\_

**IF YOU NEED TO CHANGE YOUR SCHEDULED APPOINTMENT, A 24 HOUR NOTICE IS REQUIRED/EXPECTED. IF YOU DO NOT GIVE 24 HOUR NOTICE, A FEE OF UP TO \$65.00 WILL BE CHARGED BY DISCRETION OF YOUR THERAPIST. IF THERE IS A TRUE EMERGENCY AND YOU CANNOT KEEP YOUR APPOINTMENT, PLEASE CALL AS SOON AS POSSIBLE. IN THE CASE OF "NO SHOWS" FOR SCHEDULED APPOINTMENTS, A \$65.00 FEE WILL BE CHARGED TO YOUR ACCOUNT.**

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## **Court/Custody Policy**

Hampton Roads Counseling Therapists will not participate in any custody cases or any case that requires a court appearance. Should any lawyer, of our clients or otherwise, subpoena our therapists, our fee for appearing in court is \$1,500, paid in advanced.

Should the fee not be paid in advanced, the therapist may seek legal action the recover the fee, plus any accrued court costs. If needed, please discuss this policy with your therapist before issuing a subpoena.

Thank you for understanding and abiding by our Court/Custody policy. Please sign and date this form attesting that you have read and understood the information in this document.

Full Name: \_\_\_\_\_

Date: \_\_\_\_\_

Signature: \_\_\_\_\_